

International Student TIMETABLE

SYDNEY CAMPUS

INTAKE DATES

Term Dates (not including induction day):



- Term 1, 2012** - starts 30th January until 5th April
- Term 2, 2012** - starts 23rd April until 4th July
- Term 3, 2012** - starts 16th July until 21st September
- Term 4, 2012** - starts 8th October until 14th December

HOLIDAY PERIODS not including induction day

- Term 1, 2012** - starts 6th April until 22nd April
- Term 2, 2012** - starts 5th July until 15th July
- Term 3, 2012** - starts 22nd September until 7th October
- Term 4, 2012** - starts 15th December until 28th January

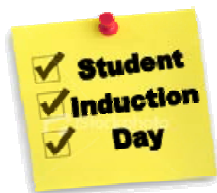
INDUCTION DAYS

Term 1, 2012 – Induction Days

- ▶ New Fitness students ~ Monday 30th January at 9am – 11am
- ▶ All Massage students ~ Friday 27th January 9am – 1pm

Term 2, 2012 – Induction Days

- ▶ New Fitness students ~ Monday 23rd April at 9am – 11am
- ▶ All Massage students ~ Friday 20th April 9am – 1pm



GENERAL INFORMATION

- Early enrolment is recommended. You should also leave plenty of time to arrange your student visa after your enrolment has been accepted by the College.
- All new students are required to attend the scheduled induction day at the College at the start of term. Orientation counts towards general class attendance.
- Students are able to note their preference for their class timetable but this does not guarantee a position in that class option.
- The College will attempt to keep the original timetable schedule the same throughout the course of your studies. However, in some circumstances, the College may need to change the timetable schedule and in this case reserves the right to change or modify a student's original timetable schedule if required.
- The College expects students to make study a high priority therefore you must not let your employment interfere with your studies. The College will not be held responsible for any employment related matters arising from your study timetable or changes in your study timetable that may need to be made from time to time.
- Due to Public Holiday dates falling within a particular term, some module session may fall within holiday periods. Similarly a student may select a modules preference that has a class session within designated holiday periods. As the holiday periods are part of a student's enrolment with us, the student is required to attend these scheduled classes as part of their program.

INDUCTION DAY – NEW STUDENTS

TERM 1 ► 30th January, 2012

- **INDUCTION DAY** All new students must attend the college induction day. Monday 30th January at 9am-11am

CERTIFICATE III in FITNESS

TERM 1 ► 30th January, 2012

- **Option 1** Tuesdays – 8.45am to 5.30pm
Wednesdays – 8.45am to 5.30pm Start : Tues 31st January
Duration : 26 weeks (2 x 10week terms)
- **Option 2** Thursdays – 8.45am to 5.30pm
Fridays – 8.45am to 5.30pm Start : Thurs 02nd February
Duration : 26 weeks (2 x 10week terms)
Please note: Last day for this option will be 13th April 2012

CERTIFICATE IV in FITNESS

TERM 1 ► 30th January, 2012

- **Option 1** Tuesdays – 8.45am to 5.30pm
Wednesdays – 8.45am to 5.30pm Start : Tues 31st January
Duration : 52 weeks (4 x 10week terms)
- **Option 2** Thursdays – 8.45am to 5.30pm
Fridays – 8.45am to 5.30pm Start : Thurs 02nd February
Duration : 52 weeks (2 x 10week terms)
Please note: Last day for this option will be 13th April 2012

Combined - CERTIFICATE III & IV in FITNESS

TERM 1 ► 30th January, 2012

- **Option 1** Tuesdays – 8.45am to 5.30pm
Wednesdays – 8.45am to 5.30pm Start : Tues 31st January
Duration : 78 weeks (6 x 10week terms)
- **Option 2** Thursdays – 8.45am to 5.30pm
Fridays – 8.45am to 5.30pm Start : Thurs 02nd February
Duration : 78 weeks (6 x 10week terms)
Please note: Last day for this option will be 13th April 2012

Overview Massage Programs Timetable

Massage qualifications are gained by completing a set number of 'modules' in a qualification. These modules are timetabled at different times throughout the week.

Most modules are pre-timetabled. In some cases, a module can be offered multiple times per term. This gives a student an option to pick a preferred session time, pending availability.

The following timetable information includes:

- ▶ Summary of the modules required to complete a program
- ▶ The timetable dates and preference options of these modules

Timetable Preferences

Information on timetable preferences will explain the exact days and dates of your sessions.

During enrolment students are required to select from the Timetable Preferences column their preferred options.

Most modules are pre-scheduled therefore have been pre-selected for you (see completed tick box).

When selecting your preferences, ensure not to select preferences that overlap in timing.

Please note, over the course of your program your timetable preferences are subject to change depending on availability. Your upcoming term timetable will be confirmed prior to the term commencing and once again at the induction.

Overview of Diploma of Remedial Massage Program

During the Diploma of Remedial Massage a student has the opportunity to experience six Speciality Massage Modules. These Specialty Massage Modules are offered by the College in a cycle and are offered on a 'subject to availability' basis. Depending on when you start the Diploma will depend on what modules you will complete. Currently offered Modules include:

- Lomi Lomi
- Pregnancy Massage
- Reflexology I
- Reflexology II
- Rehabilitation Massage
- Tui Na Massage
- Shiatsu
- Sports Massage 2

The Certificate IV in Massage Therapy Practice is a pre-requisite to the Diploma program.

CERTIFICATE IV in Massage Therapy Practice

REQUIRED MODULES

- | | | | |
|---|---------------|---------------------------|--|
| ■ | TERM 1 | The Student's First Term | <input type="checkbox"/> Induction Day* |
| | | | <input type="checkbox"/> Swedish Massage |
| | | | <input type="checkbox"/> Swedish Tutorial |
| | | | <input type="checkbox"/> Anatomy and Physiology I |
| | | | <input type="checkbox"/> Massage Clinics (x3) |
| | | | <input type="checkbox"/> First Aid |
| | | | <input type="checkbox"/> SAFE Practices |
| ■ | TERM 2 | The Student's Second Term | <input type="checkbox"/> Induction Day* |
| | | | <input type="checkbox"/> Remedial Massage |
| | | | <input type="checkbox"/> Remedial Tutorial |
| | | | <input type="checkbox"/> Anatomy and Physiology II |
| | | | <input type="checkbox"/> Massage Clinics (x10) |
| ■ | TERM 3 | The Student's Third Term | <input type="checkbox"/> Induction Day* |
| | | | <input type="checkbox"/> Specialty Massage Module |
| | | | <input type="checkbox"/> Anatomy and Physiology III |
| | | | <input type="checkbox"/> Practice Management, Law and Ethics |
| | | | <input type="checkbox"/> Massage Clinics (x10) |

DIPLOMA of Remedial Massage

REQUIRED MODULES

- | | | |
|------------------------|----------------------------------|--|
| <p>■ TERM 1</p> | <p>The Student's First Term</p> | <ul style="list-style-type: none"><input type="checkbox"/> Induction Day*<input type="checkbox"/> Sports Massage<input type="checkbox"/> Sports Massage Tutorial<input type="checkbox"/> Massage Clinic (x7)<input type="checkbox"/> Advanced Massage Workshops<input type="checkbox"/> Diploma Tutorial<ul style="list-style-type: none">- Advanced Anatomy & Physiology- Professional Development |
| <p>■ TERM 2</p> | <p>The Student's Second Term</p> | <ul style="list-style-type: none"><input type="checkbox"/> Induction Day*<input type="checkbox"/> Speciality Massage 1<input type="checkbox"/> Speciality Massage 2<input type="checkbox"/> Massage Clinic (x7)<input type="checkbox"/> Advanced Massage Workshops<input type="checkbox"/> Diploma Tutorial<ul style="list-style-type: none">- Advanced Anatomy & Physiology- Professional Development |
| <p>■ TERM 3</p> | <p>The Student's Third Term</p> | <ul style="list-style-type: none"><input type="checkbox"/> Induction Day*<input type="checkbox"/> Speciality Massage 3<input type="checkbox"/> Speciality Massage 4<input type="checkbox"/> Massage Clinic (x7)<input type="checkbox"/> Advanced Massage Workshops<input type="checkbox"/> Diploma Tutorial<ul style="list-style-type: none">- Advanced Anatomy & Physiology- Professional Development |
| <p>■ TERM 4</p> | <p>The Student's Fourth Term</p> | <ul style="list-style-type: none"><input type="checkbox"/> Induction Day*<input type="checkbox"/> Speciality Massage 5<input type="checkbox"/> Speciality Massage 6<input type="checkbox"/> Massage Clinic (x7)<input type="checkbox"/> Advanced Massage Workshops<input type="checkbox"/> Diploma Tutorial<ul style="list-style-type: none">- Advanced Anatomy & Physiology- Professional Development |

* All new and continuing students must attend the induction day.

DIPLOMA in Remedial Massage

PREFERENCE SELECTION

DELIVERY MODULES for Student's FIRST Term

TERM 1, 2012 ▶ 27th January

■ Term Induction	<input checked="" type="checkbox"/> Friday 27 th January 2012 at 9:00am – 1:00pm
■ Sports Massage	<input checked="" type="checkbox"/> Tuesdays 6:00pm – 9:00pm PLUS Sunday 16 th October (9:30am – 4:30pm)
■ Sports Tutorial	<input checked="" type="checkbox"/> Thursdays 6:15pm – 9:15pm Sunday 13 th November (9:30am to 4:30pm)
■ Advanced Massage Workshops	<input type="checkbox"/> Mondays 9:00am - 1:00pm (6, 20, 27 February AND 5, 19 March) OR <input type="checkbox"/> Mondays 1:30pm - 5:30pm (6, 20, 27 February AND 5, 19 March).
■ Diploma Tutorial	<input checked="" type="checkbox"/> Wednesdays 5:00pm – 9:00pm
■ Massage Clinics (x7)	<input checked="" type="checkbox"/> Sports Clinic 1 <input checked="" type="checkbox"/> Sports Clinic 2 <input checked="" type="checkbox"/> Sports Clinic 3 <input type="checkbox"/> Clinics 4-7 <i>Dates TBC</i>

DELIVERY MODULES for Student's SECOND Term

TERM 2, 2012 ▶ 20th April

■ Term Induction	<input checked="" type="checkbox"/> Friday 17 th April 2012 at 9:00am – 1:00pm
■ Speciality Massage 1	<input checked="" type="checkbox"/> Reflexology I 9:30am to 4:30pm Saturday 11 th February, Sunday 12 th February, Sunday 19 th February, Saturday 3 rd March, Sunday 4 th March.
■ Speciality Massage 2	<input checked="" type="checkbox"/> Reflexology II 9:30am to 4:30pm Sunday 11 th March, Sunday 18 th March, Sunday 25 th March, Saturday 31 st March, Sunday 1 st April.
■ Advanced Massage Workshops	<input checked="" type="checkbox"/> Mondays 13, 20, 27 February and 5, 19 March Student's will receive a confirmed session time of either 9-1pm or 1:30am – 5:30pm
■ Diploma Tutorial	<input checked="" type="checkbox"/> Wednesdays 5:00pm – 9:00pm
■ Massage Clinics* (x7)	Rank your preferred days from 1 to 4 (1 being your first preference): <input type="checkbox"/> Mondays (9:30am – 2:30pm) <input type="checkbox"/> Saturdays (8:30am – 1:30pm) <input type="checkbox"/> Thursdays (9:30am – 2:30pm) <input type="checkbox"/> Saturdays (1:15pm – 6:15pm)

DELIVERY MODULES for Student's THIRD Term

TERM 3, 2012 ▶ 12th July

■ Term Induction	<input checked="" type="checkbox"/> Friday 13 th July 2012 at 9:00am – 1:00pm
■ Speciality Massage 1	Schedule TBC
■ Speciality Massage 2	Schedule TBC
■ Advanced Massage Workshops	<input checked="" type="checkbox"/> Mondays <i>Dates TBC</i> Student's will receive a confirmed session time of either 9-1pm or 1:30am – 5:30pm
■ Diploma Tutorial	<input checked="" type="checkbox"/> Wednesdays 5:00pm – 9:00pm
■ Massage Clinics* (x7)	Rank your preferred days from 1 to 4 (1 being your first preference): <input type="checkbox"/> Mondays (9:30am – 2:30pm) <input type="checkbox"/> Saturdays (8:30am – 1:30pm) <input type="checkbox"/> Thursdays (9:30am – 2:30pm) <input type="checkbox"/> Saturdays (1:15pm – 6:15pm)

DELIVERY MODULES for Student's FOURTH Term

TERM 4, 2012 ▶ 5th October

■ Term Induction	<input checked="" type="checkbox"/> Friday 5 th October at 9:00am – 1:00pm
■ Speciality Massage 1	Schedule TBC
■ Speciality Massage 2	Schedule TBC
■ Advanced Massage Workshops	<input checked="" type="checkbox"/> Mondays <i>Dates TBC</i> Student's will receive a confirmed session time of either 9-1pm or 1:30am – 5:30pm
■ Diploma Tutorial	<input checked="" type="checkbox"/> Wednesdays 5:00pm – 9:00pm
■ Massage Clinics* (x7)	Rank your preferred days from 1 to 4 (1 being your first preference): <input type="checkbox"/> Mondays (9:30am – 2:30pm) <input type="checkbox"/> Saturdays (8:30am – 1:30pm) <input type="checkbox"/> Thursdays (9:30am – 2:30pm) <input type="checkbox"/> Saturdays (1:15pm – 6:15pm)

*Please note, some Massage Subjects have speciality clinics. Please speak to the College for more details about scheduled Specialty Massage clinics

International Student TIMETABLE

SYDNEY CAMPUS

College Training Venues

The college conducts training in various campus locations across Sydney CBD.

Students will study at one or several of these locations during their time with the College. In addition, many courses also involve casual excursions to specialised industry sites and venues.



Head Campus

Australian College of Sport and Fitness

Level 1, 225 Clarence Street

Sydney, NSW 2000

1300 404 305

(02) 9262 2856

www.acsf.net.au

InternationalTeam@alg.edu.au

Additional Campuses

199 Castlereagh Street

Venue: **Castlereagh Aquatic & Fitness Centre**

72-80 Elizabeth Street

Venue: **Headquarters Fitness Centre**

Retail Level 2/201 Kent Street

Venue: **Plus Fitness**

4 College Street

Venue: **Cook and Phillip Park Aquatic and Fitness Centre**

20 Bond Street

Venue: **Fitness First**

Allianz Building, 2 Market Street (Corner Sussex St)

Venue: **Fitness First**

Level 10, 52 Martin Place

Venue: **Health Motivated**

95-99 York Street, Sydney NSW

Venue: **York Function & Conference Centre**